

### Weekend Program (2 nights)

#### Friday:

Arrival and check in from 4-6 pm  
Welcome and Evening meal (3 course meal)  
Social and Program for next day  
Possibility of presentation of vegan lifestyle and discussions

#### Saturday:

Morning Exercise or Stretching routine  
Breakfast (preparation of picnic lunch)  
Trip transport  
10 am to 4 pm hiking with picnic lunch  
Late afternoon relax  
Evening Meal (3 course meal)

#### Sunday:

Morning Exercise or Stretching routine  
Breakfast, (preparation of picnic lunch)  
Trip transport 9 am  
10 am to 3 pm hiking with picnic lunch  
4 pm back to Comorebi  
End of stay: Snacks and check out

Possibility of staying 1 more night (please inquire when booking)

